CHARACTER BUILDING

(Volume : 1)

ENGLISH TRANSLATION OF KIRDAR SAZI (VOL:I)

Compiled By

Syed Abid Hussain Zaidi

Translated By

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MADRASA-TUL-QAAIM(a.s)

IDENTITY

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COMPILED BY	:	SYED ABID HUSSAIN ZAIDI
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FOREWORD

IMAM ALI (A.S) SAID:

"Even if I had no hopes for heaven and no fear of hell and if I would have had no belief in reward and punishment even then it was necessary for me to seek good manners and etiquette because good manners are the way to success and good fortune".

Thus a believer will be successful if he busies himself in performing good action.
The performance of good deeds helps us in abstaining sins and bad conduct.
One way to cleanse the soul is to cultivate good actions to weed out Satan and to allow the angels to enter.
For our character building and good manners, the madrasa has compiled a chart to be followed by the students as well as by the administration of the madrasa for four months. After the passage of four months, the chart will be changed, introducing new actions and aamal so that our journey towards spirituality may continue along with our quest for knowledge.
Remaining busy in recitation and litany will purify us from the uncleanness of the soul. We will get rid of our worries because of the blessings of zikr ; when dawn arises only then will dusk cease to be. When we will always be anxious to perform good deeds then our heart will be free of other deities. And will be attracted toward one God of its own accord. Imagine charm and magnetism of zikr when the creator himself has created the magnetic force which holds the universe together. If we stick to recitations and zikr like a magnet, then the entire universe cannot separate us.
The Almighty has created the universe for us and He has created us for Himself and He wishes that we should remain engrossed in remembering Him. Whosever busies himself in reciting these zikrs however less they may be is surely concentrating on God because if he would not have concentrated on God, then he would not have recited anything verbally.
The repetition of verbal recitations gives rise to actual remembrance of God. That is, when man remembers God in such a way that when confronted with a sinful or blasphemous act, he abstains from it because of the fear of God.
A total number of 160 marks will be awarded for filling out this chart which will be included in the annual result on a permanent basis. If for any religious reason any actions missed out on any day, then it can be performed on the next day if possible. Preferably the chart should be followed on a daily basis in order to accomplish maximum benefits from it.
Madrasa-tul-Qaaim (a.s) prays to Allah for the sake of fourteen Masumeen (A.S) to help us follow the path which leads to him, the path on which the righteous and pious tread and reach their ambitions and eternal blessings.

Wassalam
Administration
Madrasa-tul-Qaaim (a.s)

IMPORTANT ACTS FOR CHARACTER BUILDING

1. To perform ablutions before the time for prayers begins.
2. To recite Surah Ikhlas and Surah Qadr after Fajr prayers.
3. To recite Istaghfar after Asr prayers.
4. To perform four actions before bedtime (sleeping at night).
5. To recite Ayat-ul-Kursi after every prayer (salaat).
6. To abstain from listening to sounds of music and singing (as much as possible).
7. To gives alms (Sadqa) at the beginning and end of the day.
8. To keep aside at least half an hour or one hour for acquiring knowledge of Islam.
9. To recite Tasbih-e-Fatima Zehra (s.a) after every prayer (Salaat).
10. To remain abluted most of the time during the day.
11. To recite Duaa-e-Imam-e-Zamana (a.s) during qunut of prayers or at other times.
12. To narrate at least two sayings of the Holy Masumeen (a.s) or two masail of Islamic Jurisprudence in front of friends, family members and children.
13. To recite Duaa-e-Aafiyat.
14. To recite Durood 100 times (one tasbih) at any time during the day.
15. To offer special supplications for all believers after the prayers.
16. To make maximum efforts to offer prayers at the earliest hour and not to delay them without any religious excuse.
17. To offer Namaz-e-Shab, if not eleven units then three units and if that is not possible then one unit should be necessarily offered.
18. To stop and think at least twice or thrice daily as to whether one has committed a sin.
19. To control our tongue as much as possible.
20. To recite Surah-e-Waqiah at any time after the Isha prayers.

To perform ablutions before the time for prayers begins

If we perform ablutions before the time for prayers comes we will derive the following benefits :

- We will be safe from disrespect of prayers.
  The Holy Prophet (PBUH) said that the person who performs ablutions after the time for prayers has arrived, disrespects the prayer.
- We will get all the benefits of praying namaz at the earliest hour.
- At the time of death, the angel of death will treat us with kindness.
- When we die our thirst will be quenched.
- At the time of death our spirit shall pass out easily.
- Our prayers will be answered.
- We shall have a glowing face.
- We shall have achieved longevity.
- We shall be able to answer the questions of munkir and nakir easily.
- We shall be worthy of the intercession (shifaat) of the Holy Masumeen (a.s).
- We will cross the bridge over which the righteous will pass into paradise very easily.
- Your grave shall be illuminated.
- We shall have happiness and satisfactions on the Day of Judgment.
- On the Day of Judgment we shall be awarded our register of deeds in our right hand and will be allowed to enter paradise.

Month & Year ________

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

Month & Year ________

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

To recite Surah Ikhlas and Surah Qadr after Fajr prayers

If we recite Surah Ikhlas and Surah Qadr after Fajr prayers we will derive the following benefits :

- On that day Satan will not be able to make us commit any sin however hard he tries.

The Prophet Mohammad said: "He who recites Surah Ikhlas once, it is as if he has recited one third of the Quran. More over, the spiritual rewards of ten times more than the number of believers will be written in his register of deeds". According to the Holy Prophet the spiritual reward of reciting Surah Qadr once is as much as fasting in the month of Ramazan. Reciting this surah extensively increases our sustenance.



بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ

قُلْ هُوَ اللَّهُ أَحَدٌ ﴿١﴾ اللَّهُ الصَّمَدُ ﴿٢﴾ لَمْ يَلِدْ وَلَمْ يُولَدْ ﴿٣﴾
وَلَمْ يَكُن لَّهُ كُفُوًا أَحَدٌ ﴿٤﴾



بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ

إِنَّا أَنزَلْنَاهُ فِي لَيْلَةِ الْقَدْرِ ﴿١﴾ وَمَا أَدْرَاكَ مَا لَيْلَةُ الْقَدْرِ ﴿٢﴾
لَيْلَةُ الْقَدْرِ خَيْرٌ مِّنْ أَلْفِ شَهْرٍ ﴿٣﴾ تَنَزَّلُ الْمَلَائِكَةُ وَالرُّوحُ فِيهَا
بِإِذْنِ رَبِّهِم مِّن كُلِّ أَمْرٍ ﴿٤﴾ سَلَامٌ هِيَ حَتَّىٰ مَطْلَعِ الْفَجْرِ ﴿٥﴾

Month & Year ________

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

Month & Year ________

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

To recite Istaghfar after Asr Prayers

<u>If we recite Istaghfar (asking for forgiveness) after Asr prayers you will derive the following benefits :</u>

- The angel will tear up our register of bad deeds into tiny pieces regardless of how lengthy it may be.

IMAM JAFAR SADIQ (A.S) SAID:
"The person who recites istaghfar extensively will be relieved of all grief and sadness by God and he will be given abundance and he will be given sustenance from an unimaginable source."

أَسْتَغْفِرُ اللّٰهَ الَّذِي لَا إِلٰهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ الرَّحْمٰنُ الرَّحِيمُ ذُو الْجَلَالِ وَالْإِكْرَامِ

اس خدا سے بخشش چاہتا ہوں جس کے سوا کوئی معبود نہیں وہ زندہ و پائندہ ہے بڑے رحم والا مہربان صاحب جلال و اکرام ہے ۔

وَأَسْأَلُهُ أَنْ يَتُوبَ عَلَيَّ تَوْبَةَ عَبْدٍ ذَلِيلٍ خَاضِعٍ فَقِيرٍ بَائِسٍ مِسْكِينٍ مُسْتَكِينٍ

میں اس سے سوال کرتا ہوں کہ وہ اپنے عاجز خاضع محتاج مصیبت زدہ مسکین بے چارہ طالب پناہ بندے کی توبہ قبول فرمائے جو اپنے نفع

مُسْتَجِيرٍ لَا يَمْلِكُ لِنَفْسِهِ نَفْعًا وَلَا ضَرًّا وَلَا مَوْتًا وَلَا حَيٰوةً وَلَا نُشُورًا ۔ اس کے بعد کہیے :

نقصان کا مالک نہیں ہے نہ وہ اپنی موت و حیات اور آخرت پر اختیار رکھتا ہے ۔

اَللّٰهُمَّ إِنِّي أَعُوذُ بِكَ مِنْ نَفْسٍ لَا تَشْبَعُ وَمِنْ قَلْبٍ لَا يَخْشَعُ وَمِنْ عِلْمٍ لَا يَنْفَعُ وَمِنْ

اے معبود! میں سیر نہ ہونے والے نفس خوف نہ رکھنے والے دل، نفع نہ دینے والے علم، قبول نہ ہونے والی

صَلٰوةٍ لَا تُرْفَعُ وَمِنْ دُعَاءٍ لَا يُسْمَعُ اَللّٰهُمَّ إِنِّي أَسْأَلُكَ الْيُسْرَ بَعْدَ الْعُسْرِ

اور سنی نہ جانے والی دعا سے تیری پناہ چاہتا ہوں۔ اے معبود! میں تجھ سے سوال کرتا ہوں کہ مجھے مشکل کے بعد آسانی،

وَالْفَرَجَ بَعْدَ الْكَرْبِ وَالرَّخَاءَ بَعْدَ الشِّدَّةِ اَللّٰهُمَّ مَا بِنَا مِنْ نِعْمَةٍ فَمِنْكَ لَا إِلٰهَ إِلَّا أَنْتَ

دکھ کے بعد سکھ اور تنگی کے بعد فراخی دے ۔ اے خدایا! ہمارے پاس جو نعمت ہے وہ تیری طرف سے ہے تیرے سوا کوئی معبود نہیں تجھ سے بخشش چاہتا اور

أَسْتَغْفِرُكَ وَأَتُوبُ إِلَيْكَ

تیرے حضور توبہ کرتا ہوں ۔

MONTH & YEAR ________

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

To perform four actions before bed time

1. To recite Surah Ikhlas thrice.
2. To recite durood.
3. To recite اَللّٰهُمَّ اغْفِرِ لِلْمُومِنِينَ وَالْمُومِنَاتِ
4. To recite سُبْحَانَ اللّٰهِ وَالْحَمْدُ لِلّٰهِ وَلَا إِلٰهَ إِلَّا اللّٰهُ وَاللّٰهُ أَكْبَرُ

<u>We shall achieve the following benefits if we perform these four actions before going to bed.</u>

- We shall get the reward for completing the recitation of the Holy Quran.
- We shall achieve the intercession (shifa'at) of the Prophets.
- We shall achieve the pleasure of the believers.
- We shall get the reward of performing Hajj and Umrah.

The lady Fatimah Zehra (S.A) narrates that my father said. "Before sleeping always perform four deeds.
1. Recite the Holy Quran.
2 .Make the Prophets your intercessor (shafi).
3. Make the believers pleased with you.
4. Perform Hajj and Umrah.

At this,I replied that this is beyond my strength. He smiled and said :

- If you recite Surah Ikhlas three times, then you will get the reward of reciting the entire Holy Quran.
- If you recite Durood then the Prophet Mohammad (PBUH) and the other Prophets will become your intercessor.

اَللّٰهُمَّ صَلِّ عَلٰى مُحَمَّدٍ وَّآلِ مُحَمَّدٍ

- If you recite this then all the believers will be pleased with you.

اَللّٰهُمَّ اغْفِرِ لِلْمُومِنِينَ وَالْمُومِنَاتِ

- If you recite this then you will get reward equal to performing Hajj and Umrah.

سُبْحَانَ اللّٰهِ وَالْحَمْدُ لِلّٰهِ وَلَا إِلٰهَ إِلَّا اللّٰهُ وَاللّٰهُ أَكْبَرُ

MONTH & YEAR ________

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

To recite Ayat-ul-Kursi after every prayer (salaat).

If we recite ayat-ul-kursi after namaz then we will achieve the following benefits:

- God will protect us from sins and tribulations.
- We will receive abundant sustenance.
- We will be safe from the disease of paralysis.
- We will not meet death before witnessing our status in paradise.
- We will receive promotion in our jobs and blessings and abundance in our business.
- Our prayers (Salaat) will all be accepted.
- We will be blessed with the status of 'siddiqin' from God by reciting this ayat after every namaz.
- The prophet Mohammad (PBUH) says that, "If a person recites Ayat-ul-Kursi after every namaz, then nothing can prevent him from entering paradise except death.

ٱللَّهُ لَآ إِلَٰهَ إِلَّا هُوَ ٱلْحَىُّ ٱلْقَيُّومُ ۚ لَا تَأْخُذُهُۥ سِنَةٌ
وَلَا نَوْمٌ ۚ لَّهُۥ مَا فِى ٱلسَّمَٰوَٰتِ وَمَا فِى ٱلْأَرْضِ ۗ مَن ذَا ٱلَّذِى يَشْفَعُ
عِندَهُۥٓ إِلَّا بِإِذْنِهِۦ ۚ يَعْلَمُ مَا بَيْنَ أَيْدِيهِمْ وَمَا خَلْفَهُمْ ۖ وَلَا يُحِيطُونَ
بِشَىْءٍ مِّنْ عِلْمِهِۦٓ إِلَّا بِمَا شَآءَ ۚ وَسِعَ كُرْسِيُّهُ ٱلسَّمَٰوَٰتِ وَٱلْأَرْضَ ۖ
وَلَا يَـُٔودُهُۥ حِفْظُهُمَا ۚ وَهُوَ ٱلْعَلِىُّ ٱلْعَظِيمُ ۝ لَآ إِكْرَاهَ فِى ٱلدِّينِ ۖ
قَد تَّبَيَّنَ ٱلرُّشْدُ مِنَ ٱلْغَىِّ ۚ فَمَن يَكْفُرْ بِٱلطَّٰغُوتِ وَيُؤْمِنۢ بِٱللَّهِ
فَقَدِ ٱسْتَمْسَكَ بِٱلْعُرْوَةِ ٱلْوُثْقَىٰ لَا ٱنفِصَامَ لَهَا ۗ وَٱللَّهُ سَمِيعٌ
عَلِيمٌ ۝ ٱللَّهُ وَلِىُّ ٱلَّذِينَ ءَامَنُوا۟ يُخْرِجُهُم مِّنَ ٱلظُّلُمَٰتِ إِلَى
ٱلنُّورِ ۖ وَٱلَّذِينَ كَفَرُوٓا۟ أَوْلِيَآؤُهُمُ ٱلطَّٰغُوتُ يُخْرِجُونَهُم مِّنَ ٱلنُّورِ
إِلَى ٱلظُّلُمَٰتِ ۗ أُو۟لَٰٓئِكَ أَصْحَٰبُ ٱلنَّارِ ۖ هُمْ فِيهَا خَٰلِدُونَ ۝

MONTH & YEAR ______

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

MONTH & YEAR ______

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

To abstain from listening to sounds of music and singing (as much as possible)

If we abstain from listening to music then we achieve the following benefits:

- We will have the right to listen to the songs of paradise.
- We will get rid of hypocrisy.
- Our time will not be wasted.
- Our will power will become strong and steadfast.
- We will become less inclined towards sins.
- Our sense of honor towards religion will increase.
- We will become more inclined towards book reading.
- Our life will increase.

  We will be safe from heart disease, paralysis and sudden death.
- We will achieve the happiness of Allah, the Prophets and the Imams.
- Our face will be safe from being blackened on the Day of Judgment.
- We will be safe from most of the trials and tribulations of the grave and hell.

The prophet Mohammad (PBUH) said

"When you are blessed with happiness do not cause the wrath of Allah by playing musical instruments.."

MONTH & YEAR ______

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

MONTH & YEAR ______

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

MONTH & YEAR ______

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

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1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
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To give alms (sadqa) at the beginning and end of the day.

If we give sadqa every day then we can achieve the following benefits:

- Sadqa averts 70 types of misfortunes from us.
- You will be saved from diseases.
- Final death will be averted.
- You will be saved from enemies.
- Your faith will be prevented from being wasted away.
- You will achieve the pleasure of Allah.
- You will be prevented from violent death.
- You will be bestowed with as many rewards of paradise as is the size of the mountain Uhud in return for every rupee given in alms.
- 70 doors of evils will be closed for you.
- Sadqa will nullify your sins.
- It will protect you during journeys.
- It will prolong your life.
- It will rid you of poverty.
- Your debts will be payed.
- The heat of the grave will turn in to coolness.
- There will be abundance and prosperity in your finances.
- It will act as atonement for the great sins.
- On the Day of Judgment your one Lac wishes will come true.
- Satan's back will be broken as the result of your giving sadqa.
- The fire of Allah's wrath will be extinguished by sadqa.
- The narrowness of the grave will turn into wideness because of sadqa.
- In return for every rupee 700 virtues will be recorded in our register of deeds.
- Sadqa will act as a shade in the intense heat of the Day of Judgment.
- You will be allowed to enter paradise from whichever entrance you choose.
- The misfortunes of day and night will be averted.
- Even after death the benefits of sadqa will continue.

MONTH & YEAR ______

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To devote at least half an hours to one hour in acquiring knowledge about Islam

If we study Ilm-e-Deen every day then you will derive the following benefits:

- On the day of judgment there will be a barrier between you and the fire of hell in return for every page of knowledge that you have written.
- You will be satiated when you leave this world.
- Allah will reward us with a city that is 700 times larger than this world in return for every letter written by us.
- You will be immersed in the divine blessings of Allah.
- Knowledge will be a companion in the grave.
- The grave will be excessively illumined.
- The angels will spread their wings under your feet.
- All the creatures on earth, in the skies and even the sea creatures will pray to Allah for your forgiveness.
- Seventy thousand angels will step in with you reciting, "Salle alaa Mohammadiun wale Mohammad."
- You will have the status of the favorite angels.
- After death you will have the same status as the Prophets.
- You will be given strength to be able to cross the bridge over which the righteous will pass into paradise.
- You will be considered a martyr even though you die in bed.
- You will be given spiritual reward for a thousand years of worship and a thousand years of fasting at every step.
- You will be given spiritual reward equal to the reward of a Prophet at every step.
- You will be given spiritual reward equal to the reward given to martyr from among the martyrs of Badr, at every step.
- You will be a companion of Hazrat Khizr (A.S) in paradise.
- You will be given rewards more than the rewards given in return for participating in a thousands battles.
- You will receive rewards more than the reward for participating in thousand funerals, more than visiting thousands sick persons, more than spending thousand Dirhams in the way of Allah, more than participating in thousand battles, more than performing thousand recommended Hajj, more than praying for thousand nights and more than fasting for thousand days on a daily basis.

MONTH & YEAR ______

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MONTH & YEAR ______

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MONTH & YEAR ______

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MONTH & YEAR ______

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To recite Tasbih-e-Fatima Zehra(s.a) after every prayer (Salaat)

You will have receive the following benefits if you recite Tasbih-e-Ftima Zehra(s.a) :

- Paradise is compulsory for a person who recites this after every namaz.
- Satan will stay a way from you and REHMAN will be pleased.
- The measuring scales of actions will become heavy.
- All your sins will be forgiven.
- You will be included among those who remember Allah a lot.
- You will get spiritual reward more than the reward for offering one thousand recommended (mustahib) prayers.
- Physical ailments particularly those of the ear are cured.

34 times ...... اللہ اکبر

33 times ...... الحمدللہ

33 times ......سبحان اللہ



MONTH & YEAR ________

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21	22	23	24	25
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MONTH & YEAR ________

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11	12	13	14	15
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To remain abluted most of the time during the day

You will achieve the following benefits if you remain abluted most of the time during the day:

- Your soul will be purified and cleansed.
- The fire of Allah's wrath will be cooled down.
- The after effects of sins will vanish from the limbs.
- The sins will be atoned for.
- In death you will achieve the reward of a martyr.
- Your supplications will be answered while you are abluted.
- You will be saved from committing sins.
- Your repentance will be automatically accepted.
- If you sleep in an abluted state then you will receive the reward of praying throughout the night.
- Poverty will be removed.
- The angels will continue to pray for you.
- You will be purified of your sins like a newly born baby if you recite Surah Qadr during ablutions.



MONTH & YEAR ________

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16	17	18	19	20
21	22	23	24	25
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MONTH & YEAR ________

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MONTH & YEAR ________

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To recite Duaa-e-Imam-e-Zamana(a.s) during the qunoot of prayers or at other times.

You will achieve the following benefits if you pray for Imam-e-Zamana(a.s):

- You will be safe from the wickedness and temptations of the world.
- You will achieve the status of a martyr.
- Imam-e-Zamana will pray for us.
- God-willing, you will be blessed with the ziarat of Imam-e-Zamana(a.s).
- After the appearance of the Imam, you will be sent back to earth in order to assist Imam.
- On the Day of Judgment, you will accompany the Amir-ul-Mumineen(a.s) and your status will be the same as His.
- You will be given glad tidings at the time of death.
- Your evil deeds will be changed in to good deeds.
- You will be given the right to intercede on the behalf of seventy thousands sinners.
- Amir-ul-Mumineen (A.S) will pray for you on the Day of Judgment.
- The angels will continue to pray for your forgiveness.
- You will be included among those who will rule paradise.
- This supplication will be with You like a kind friend on the Day of Judgment and in the interval between death and resurrection.
- Imam Sajjad's (A.S) particular supplication will be with you.
- God-willing, you will be resurrected along with the Imams (A.S) on the Day of Judgment.
- God-willing, you will be blessed with the intercession of Hazrat Fatima Zehra (A.S).

اَللّٰهُمَّ كُنْ لِّوَلِيِّكَ الْحُجَّةِ بْنِ الْحَسَنِ

صَلَوَاتُكَ عَلَيْهِ وَعَلٰى آبَائِهِ فِيْ هٰذِهِ السَّاعَةِ

وَفِيْ كُلِّ سَاعَةٍ وَلِيًّا وَّ حَافِظًا وَّ قَائِدًا وَّ نَاصِرًا

وَّ دَلِيْلًا وَّ عَيْنًا حَتّٰى تُسْكِنَهٗ اَرْضَكَ طَوْعًا

وَّ تُمَتِّعَهٗ فِيْهَا طَوِيْلًا .

MONTH & YEAR ______

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

MONTH & YEAR ______

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21	22	23	24	25
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MONTH & YEAR ______

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MONTH & YEAR ______

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6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

To narrate atleast two sayings of the Holy Masumeen(a.s) or two masails of Islamic jurisprudence in front of friends, family members and children.

You will achieve the following benefits if you narrate masail of fiqh and sayings of the Holy Masumeen(a.s) to others:

- These conversations of yours will act as sadqa-e-jaria and you will get continuous rewards.
- The zakat of your knowledge will be repaid.
- The dues of your knowledge will be rendered.
- You will get the spiritual reward for immortalizing the Holy Masumeen (A.S).
- You will be safe from the calamities of the day of resurrection.
- You will have a share in the deeds of Prophets and Imams.
- You will become a helper in the propagation of the religion of Allah.
- You will be included among those who have completed Imam Hussain's (a.s) cause of karbala.
- You will be saved from the wrath of Allah.
- You will get a share in the thawaab of all the people whom you had invited towards piety.
- Your actions will be purified and cleansed.

The prophet Mohammad (PBUH) said:
"To impart knowledge day and night is better than jihad in the eyes of Allah."

MONTH & YEAR ______

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
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MONTH & YEAR ______

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MONTH & YEAR ______

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MONTH & YEAR ______

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6	7	8	9	10
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21	22	23	24	25
26	27	28	29	30

To recite Duaa-e-Aafiyat

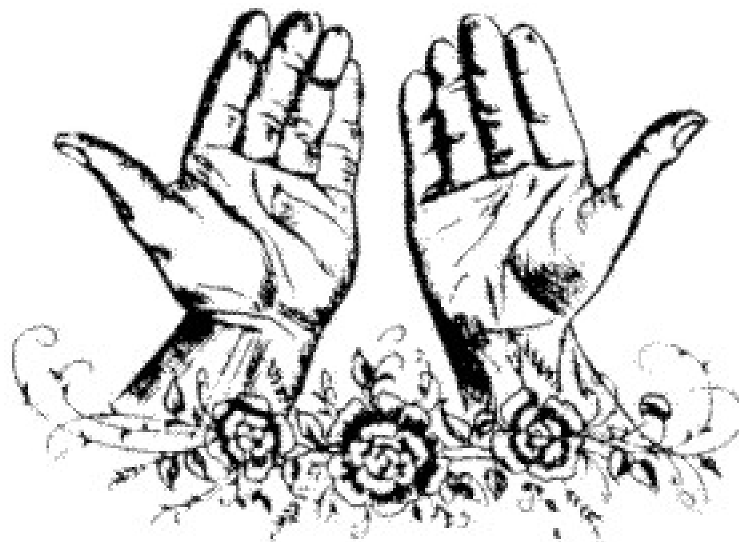
<u>You will achieve the following benefits if you recite Duaa-e-Aafiyat daily:</u>

- You will be saved from all kinds of disasters, unpleasant happenings and evil forebodings.

- There was no supplication liked by the Prophet Mohammad (PBUH) more than the Duaa-e-Aafiyat.

اَللّٰهُمَّ اِنِّیْٓ اَسْئَلُكَ الْعَفْوَ وَالْعَافِيَةَ وَالْمُعَافَاةَ فِی الدُّنْيَا وَالْاٰخِرَةِ

O lord! I beseech thee for forgiveness and mercy, for health and happiness and for the forgiveness in this life and in the next.



MONTH & YEAR _ _ _ _ _ _ _

1	2	3	4	5
6	7	8	9	10
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16	17	18	19	20
21	22	23	24	25
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MONTH & YEAR _ _ _ _ _ _ _

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MONTH & YEAR _ _ _ _ _ _ _

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MONTH & YEAR _ _ _ _ _ _ _

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6	7	8	9	10
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To recite one Tasbih of Durood (100 times) at any time during the day.

<u>You will receive the followings benefits if you send salutations and benedictions upon the Holy Prophet (PBUH) and His Progeny:</u>

- You will be safe from the horrors of the Day of Judgment.
- The measuring scales of actions will be heavy with your good and virtues actions.
- You will be under the shade of the divine canopy on the Day of Judgment.
- When you will be crossing the bridge of Siraat you will have a light in the darkness because of this action.
- You will receive the intercession of the Holy Prophet (PBUH).
- Your hundred wishes will be granted daily; 30 worldly wishes and 70 pertaining to the hereafter.
- The durood itself shall ask for your forgiveness.
- As reward for one durood, Allah will recite the durood ten times.
- You will be free of hypocrisy.
- You will overcome your enemies.
- Love for you will develop in the hearts of the people.
- People will not backbite you.
- You will have the greatest proximity to the Prophet Mohammad (PBUH).
- All your supplications will be accepted InshaAllah.



اللهم صل على محمد وآل محمد

MONTH & YEAR _ _ _ _ _ _ _

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6	7	8	9	10
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MONTH & YEAR _ _ _ _ _ _ _

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6	7	8	9	10
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21	22	23	24	25
26	27	28	29	30

MONTH & YEAR _ _ _ _ _ _ _

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MONTH & YEAR _ _ _ _ _ _ _

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6	7	8	9	10
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To offer special supplications for all believers after the prayers.

<u>You will receive the following benefits if you pray for other mumineen after the salaat.</u>

- The same prayers will be answered for you as well.
- If you will ask for forgiveness of ten departed souls of mumineen, then paradise will become compulsory for you.

Imam Jafar-e-Sadiq (A.S) said:

"When a Muslim prays for his brother behind his back, then this attracts sustenance and livelihood, repels misfortunes and calamites and an angel says to this person"For you there is double of this".

This prayer of a believer for another believer takes him away from misfortunes and makes him closer to his sustenance.



MONTH & YEAR ________

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
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MONTH & YEAR ________

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21	22	23	24	25
26	27	28	29	30

MONTH & YEAR ________

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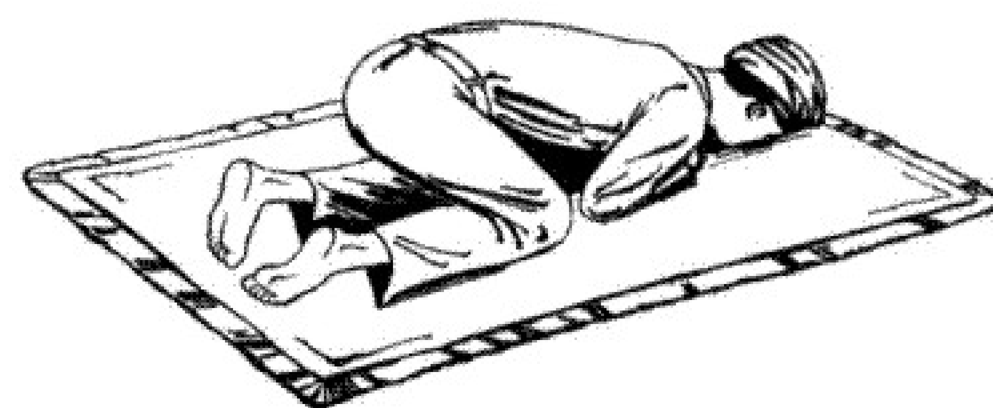
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16	17	18	19	20
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26	27	28	29	30

To make maximum efforts to offer prayers at the earliest hour.

<u>To make maximum efforts to offer prayers at the earliest hour and not to delay then with out any religious excuse offering the prayers at the earliest hour will help you derive the following benefits:</u>

- At the time of death, the angel of death will be kind to you.
- You will depart from this world satiated.
- The spirit will easily pass out from your body at the time of death.
- Your supplications will be accepted.
- You will have a glowing luminous face.
- Your life will be lengthened.
- You will be able to answer the questions of Munkir and Nakir easily.
- You will be blessed with the intercession of the Holy Masumeen (A.S).
- You will be able to cross the bridge of siraat with great speed.
- You will be blessed with happiness and satisfaction on the Day of Judgment.
- On doomsday, you will be awarded the certificate of conduct in your right hand and you will be allowed to enter Paradise.



MONTH & YEAR ________

1	2	3	4	5
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11	12	13	14	15
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MONTH & YEAR ________

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MONTH & YEAR ________

1	2	3	4	5
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MONTH & YEAR ________

1	2	3	4	5
6	7	8	9	10
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16	17	18	19	20
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To offer Namaz-e-Shab (tahajjud), if not eleven units then three units and if that not possible then one unit should be necessarily offered.

<u>If you will be regular in your tahajjud prayers then you will derive the following benefits:</u>

- You will receive bountiful sustenance.
- Your business and employment will prosper.
- You will be endowed with health and security.
- Your life will be lengthened.
- You will be safe from enemies and calamities.
- Your difficulties will be eased.
- You will become the owner of a charming and attractive personality.
- You will achieve blessings and prosperity in everything.
- The doors to success will be opened for you.
- It will be a priceless gift for your dear departed ones.
- Your face will become luminous.
- You will remain relaxed and calm.
- You will get rid of memory loss and amnesia.
- You will overcome your enemies.
- All your desires will be fulfilled.
- You will be blessed with spiritual vision.
- You will derive pleasure from prayers and remembrance of Allah.

Month & Year ________

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6	7	8	9	10
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21	22	23	24	25
26	27	28	29	30

Month & Year ________

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Month & Year ________

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Month & Year ________

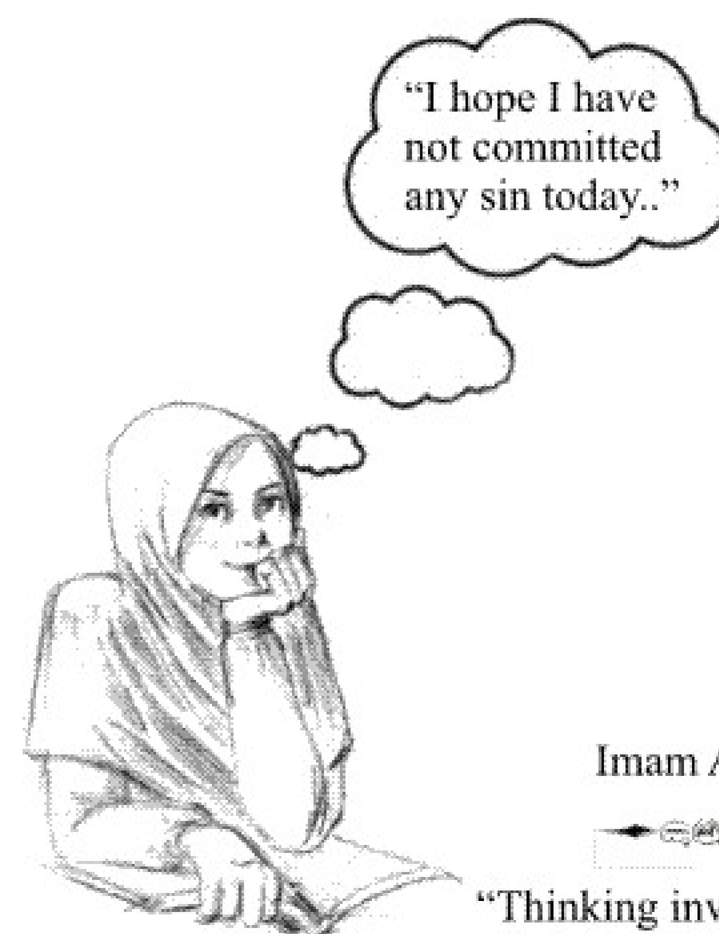
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To stop and think at least twice or thrice daily as to whether one has committed a sin.

<u>You will derive the following benefits if you stop and think at least twice or thrice daily as to whether you have committed a sin:</u>

*Slowly and gradually we will be able to abstain from all sins.

*And God-willing, a day will come when you will be saved from all sins and you will be successful in the here after.



Imam Ali (A.S) said:

"Thinking invites towards virtue and invites towards acting upon it".

Month & Year ________

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6	7	8	9	10
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21	22	23	24	25
26	27	28	29	30

Month & Year ________

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Month & Year ________

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6	7	8	9	10
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Month & Year ________

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6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
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26	27	28	29	30

To control your tongue as much as possible.

You will derive the following benefits if you control your tongue as much as possible:

- You will be safe from all sins pertaining to the tongue.
- On the Day of Judgment you will be safe from all the punishments given for those sins, which are committed by the tongue.

MONTH & YEAR ______

1	2	3	4	5
6	7	8	9	10
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MONTH & YEAR ______

1	2	3	4	5
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21	22	23	24	25
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MONTH & YEAR ______

1	2	3	4	5
6	7	8	9	10
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26	27	28	29	30

MONTH & YEAR ______

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
26	27	28	29	30

To recite Surah-e-Wiqah at any time after the Isha prayers.

You will derive the following benefits if you recite Surah waqiah after the Isha prayers:

- Your sustenance will be greatly increased.
- All your financial difficulties will be over.

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6	7	8	9	10
11	12	13	14	15
16	17	18	19	20
21	22	23	24	25
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MONTH & YEAR ______

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6	7	8	9	10
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MONTH & YEAR ______

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سُورَةُ الْوَاقِعَةِ

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ

إِذَا وَقَعَتِ الْوَاقِعَةُ ﴿١﴾ لَيْسَ لِوَقْعَتِهَا كَاذِبَةٌ ﴿٢﴾ خَافِضَةٌ رَّافِعَةٌ
﴿٣﴾ إِذَا رُجَّتِ الْأَرْضُ رَجًّا ﴿٤﴾ وَبُسَّتِ الْجِبَالُ بَسًّا ﴿٥﴾ فَكَانَتْ
هَبَاءً مُّنبَثًّا ﴿٦﴾ وَكُنتُمْ أَزْوَاجًا ثَلَاثَةً ﴿٧﴾ فَأَصْحَابُ الْمَيْمَنَةِ
مَا أَصْحَابُ الْمَيْمَنَةِ ﴿٨﴾ وَأَصْحَابُ الْمَشْأَمَةِ مَا أَصْحَابُ
الْمَشْأَمَةِ ﴿٩﴾ وَالسَّابِقُونَ السَّابِقُونَ ﴿١٠﴾ أُولَٰئِكَ الْمُقَرَّبُونَ ﴿١١﴾
فِي جَنَّاتِ النَّعِيمِ ﴿١٢﴾ ثُلَّةٌ مِّنَ الْأَوَّلِينَ ﴿١٣﴾ وَقَلِيلٌ مِّنَ الْآخِرِينَ
﴿١٤﴾ عَلَىٰ سُرُرٍ مَّوْضُونَةٍ ﴿١٥﴾ مُّتَّكِئِينَ عَلَيْهَا مُتَقَابِلِينَ ﴿١٦﴾
يَطُوفُ عَلَيْهِمْ وِلْدَانٌ مُّخَلَّدُونَ ﴿١٧﴾ بِأَكْوَابٍ وَأَبَارِيقَ وَكَأْسٍ مِّن مَّعِينٍ
﴿١٨﴾ لَّا يُصَدَّعُونَ عَنْهَا وَلَا يُنزِفُونَ ﴿١٩﴾ وَفَاكِهَةٍ مِّمَّا يَتَخَيَّرُونَ
﴿٢٠﴾ وَلَحْمِ طَيْرٍ مِّمَّا يَشْتَهُونَ ﴿٢١﴾ وَحُورٌ عِينٌ ﴿٢٢﴾ كَأَمْثَالِ اللُّؤْلُؤِ
الْمَكْنُونِ ﴿٢٣﴾ جَزَاءً بِمَا كَانُوا يَعْمَلُونَ ﴿٢٤﴾ لَا يَسْمَعُونَ فِيهَا لَغْوًا
وَلَا تَأْثِيمًا ﴿٢٥﴾ إِلَّا قِيلًا سَلَامًا سَلَامًا ﴿٢٦﴾ وَأَصْحَابُ الْيَمِينِ مَا أَصْحَابُ
الْيَمِينِ ﴿٢٧﴾ فِي سِدْرٍ مَّخْضُودٍ ﴿٢٨﴾ وَطَلْحٍ مَّنضُودٍ ﴿٢٩﴾ وَظِلٍّ مَّمْدُودٍ
﴿٣٠﴾ وَمَاءٍ مَّسْكُوبٍ ﴿٣١﴾ وَفَاكِهَةٍ كَثِيرَةٍ ﴿٣٢﴾ لَّا مَقْطُوعَةٍ وَلَا مَمْنُوعَةٍ
﴿٣٣﴾ وَفُرُشٍ مَّرْفُوعَةٍ ﴿٣٤﴾ إِنَّا أَنشَأْنَاهُنَّ إِنشَاءً ﴿٣٥﴾ فَجَعَلْنَاهُنَّ أَبْكَارًا
﴿٣٦﴾ عُرُبًا أَتْرَابًا ﴿٣٧﴾ لِّأَصْحَابِ الْيَمِينِ ﴿٣٨﴾ ثُلَّةٌ مِّنَ الْأَوَّلِينَ ﴿٣٩﴾
وَثُلَّةٌ مِّنَ الْآخِرِينَ ﴿٤٠﴾ وَأَصْحَابُ الشِّمَالِ مَا أَصْحَابُ الشِّمَالِ
﴿٤١﴾ فِي سَمُومٍ وَحَمِيمٍ ﴿٤٢﴾ وَظِلٍّ مِّن يَحْمُومٍ ﴿٤٣﴾ لَّا بَارِدٍ
وَلَا كَرِيمٍ ﴿٤٤﴾ إِنَّهُمْ كَانُوا قَبْلَ ذَٰلِكَ مُتْرَفِينَ ﴿٤٥﴾ وَكَانُوا
يُصِرُّونَ عَلَى الْحِنثِ الْعَظِيمِ ﴿٤٦﴾ وَكَانُوا يَقُولُونَ أَئِذَا مِتْنَا وَكُنَّا
تُرَابًا وَعِظَامًا أَإِنَّا لَمَبْعُوثُونَ ﴿٤٧﴾ أَوَآبَاؤُنَا الْأَوَّلُونَ ﴿٤٨﴾ قُلْ إِنَّ
الْأَوَّلِينَ وَالْآخِرِينَ ﴿٤٩﴾ لَمَجْمُوعُونَ إِلَىٰ مِيقَاتِ يَوْمٍ مَّعْلُومٍ ﴿٥٠﴾

ثُمَّ إِنَّكُمْ أَيُّهَا الضَّالُّونَ الْمُكَذِّبُونَ ﴿٥١﴾ لَآكِلُونَ مِن شَجَرٍ مِّن زَقُّومٍ ﴿٥٢﴾
فَمَالِئُونَ مِنْهَا الْبُطُونَ ﴿٥٣﴾ فَشَارِبُونَ عَلَيْهِ مِنَ الْحَمِيمِ ﴿٥٤﴾ فَشَارِبُونَ
شُرْبَ الْهِيمِ ﴿٥٥﴾ هَٰذَا نُزُلُهُمْ يَوْمَ الدِّينِ ﴿٥٦﴾ نَحْنُ خَلَقْنَاكُمْ فَلَوْلَا
تُصَدِّقُونَ ﴿٥٧﴾ أَفَرَأَيْتُم مَّا تُمْنُونَ ﴿٥٨﴾ أَأَنتُمْ تَخْلُقُونَهُ أَمْ نَحْنُ
الْخَالِقُونَ ﴿٥٩﴾ نَحْنُ قَدَّرْنَا بَيْنَكُمُ الْمَوْتَ وَمَا نَحْنُ بِمَسْبُوقِينَ ﴿٦٠﴾
عَلَىٰ أَن نُّبَدِّلَ أَمْثَالَكُمْ وَنُنشِئَكُمْ فِي مَا لَا تَعْلَمُونَ ﴿٦١﴾ وَلَقَدْ
عَلِمْتُمُ النَّشْأَةَ الْأُولَىٰ فَلَوْلَا تَذَكَّرُونَ ﴿٦٢﴾ أَفَرَأَيْتُم مَّا تَحْرُثُونَ
﴿٦٣﴾ أَأَنتُمْ تَزْرَعُونَهُ أَمْ نَحْنُ الزَّارِعُونَ ﴿٦٤﴾ لَوْ نَشَاءُ لَجَعَلْنَاهُ
حُطَامًا فَظَلْتُمْ تَفَكَّهُونَ ﴿٦٥﴾ إِنَّا لَمُغْرَمُونَ ﴿٦٦﴾ بَلْ نَحْنُ
مَحْرُومُونَ ﴿٦٧﴾ أَفَرَأَيْتُمُ الْمَاءَ الَّذِي تَشْرَبُونَ ﴿٦٨﴾ أَأَنتُمْ أَنزَلْتُمُوهُ
مِنَ الْمُزْنِ أَمْ نَحْنُ الْمُنزِلُونَ ﴿٦٩﴾ لَوْ نَشَاءُ جَعَلْنَاهُ أُجَاجًا فَلَوْلَا
تَشْكُرُونَ ﴿٧٠﴾ أَفَرَأَيْتُمُ النَّارَ الَّتِي تُورُونَ ﴿٧١﴾ أَأَنتُمْ أَنشَأْتُمْ
شَجَرَتَهَا أَمْ نَحْنُ الْمُنشِئُونَ ﴿٧٢﴾ نَحْنُ جَعَلْنَاهَا تَذْكِرَةً وَمَتَاعًا
لِّلْمُقْوِينَ ﴿٧٣﴾ فَسَبِّحْ بِاسْمِ رَبِّكَ الْعَظِيمِ ﴿٧٤﴾ فَلَا أُقْسِمُ
بِمَوَاقِعِ النُّجُومِ ﴿٧٥﴾ وَإِنَّهُ لَقَسَمٌ لَّوْ تَعْلَمُونَ عَظِيمٌ ﴿٧٦﴾
إِنَّهُ لَقُرْآنٌ كَرِيمٌ ﴿٧٧﴾ فِي كِتَابٍ مَّكْنُونٍ ﴿٧٨﴾ لَّا يَمَسُّهُ إِلَّا
الْمُطَهَّرُونَ ﴿٧٩﴾ تَنزِيلٌ مِّن رَّبِّ الْعَالَمِينَ ﴿٨٠﴾ أَفَبِهَٰذَا الْحَدِيثِ
أَنتُم مُّدْهِنُونَ ﴿٨١﴾ وَتَجْعَلُونَ رِزْقَكُمْ أَنَّكُمْ تُكَذِّبُونَ ﴿٨٢﴾ فَلَوْلَا
إِذَا بَلَغَتِ الْحُلْقُومَ ﴿٨٣﴾ وَأَنتُمْ حِينَئِذٍ تَنظُرُونَ ﴿٨٤﴾ وَنَحْنُ أَقْرَبُ
إِلَيْهِ مِنكُمْ وَلَٰكِن لَّا تُبْصِرُونَ ﴿٨٥﴾ فَلَوْلَا إِن كُنتُمْ غَيْرَ مَدِينِينَ
﴿٨٦﴾ تَرْجِعُونَهَا إِن كُنتُمْ صَادِقِينَ ﴿٨٧﴾ فَأَمَّا إِن كَانَ مِنَ الْمُقَرَّبِينَ
﴿٨٨﴾ فَرَوْحٌ وَرَيْحَانٌ وَجَنَّتُ نَعِيمٍ ﴿٨٩﴾ وَأَمَّا إِن كَانَ مِنْ أَصْحَابِ
الْيَمِينِ ﴿٩٠﴾ فَسَلَامٌ لَّكَ مِنْ أَصْحَابِ الْيَمِينِ ﴿٩١﴾ وَأَمَّا إِن كَانَ مِنَ
الْمُكَذِّبِينَ الضَّالِّينَ ﴿٩٢﴾ فَنُزُلٌ مِّنْ حَمِيمٍ ﴿٩٣﴾ وَتَصْلِيَةُ جَحِيمٍ
﴿٩٤﴾ إِنَّ هَٰذَا لَهُوَ حَقُّ الْيَقِينِ ﴿٩٥﴾ فَسَبِّحْ بِاسْمِ رَبِّكَ الْعَظِيمِ ﴿٩٦﴾